





















































PLU Allergen List

Site: 0 Head Office

Report Filters:

PLU Group: DRY

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1	FULL ENGLISH																
2	OFFSHORE BREAKFAST																
3	AVOCADO & EGGS V																
4	AVOCADO & TOMATO																
5	OFFSHORE BENEDICT																
6	SCALLOPS BREAKFAST																
7	PANCAKES PLAIN																
8	PANCAKES BACON																
9	PANCAKES BLUEBERRY																
10	PANCAKES CHOC																
11	BACON CIABATTA																
12	SAUSAGE CIABATTA																
13	MUSH & EGG CIABATTA																
14	TOAST & PRESERVES																
15	BREAKFAST CIABATTA																
47	?OFFSHORE BENEDICT?																
48	SALMON																
53	-extra egg																
54	-extra black pudding																

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57	-toast																
60	TOAST CHOICE																
61	white																
62	brown																
71	POACHED																
72	SCRAMBLED																
73	FRIED																
81	NACHOS STARTER																
82	VEGAN NACHOS STARTER																
83	NACHOS MAIN																
84	VEGAN NACHOS MAIN																
91	BREAD & OILS																
92	INTRO NUTS																
93	HONEY ROASTED CHORIZO																
94	HALLOUMI intro																
121	SOUP OF DAY																
122	MACKEREL																
123	VEGAN NACHO STARTR																
124	SALT & PEPPER SQUID																
125	BAKED CAMEMBERT																
126	ANTIPASTI																
127	MUSSELS STARTER																
128	1/2 SHELL SCALLOPS																
130	TERRINE V																

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133	SMOKED DUCK BREAST																
134	CHILLI CREVETTES																
135	GARLIC FLATBREAD																
136	GARLIC FL BRD MOZZ																
137	ST SHELLFISH SOUP																
138	ST CRAYFISH RISOTTO																
151	M CRAYFISH RISOTTO																
152	BEER BATTERED HAKE																
153	CRIPSY HAKE																
154	MUSSELS MAIN																
155	FISH BURGER																
156	WH. MARKET FISH																
157	CRAB SALAD																
158	SEAFOOD PLATTER																
159	WH. PLAICE LUNCH																
161	HALF LOBSTER																
162	WHOLE LOBSTER																
163	SEAFOOD CURRY																
164	SCALLOPS MAIN																
165	M SHELLFISH SOUP																
201	OFFSHORE BURGER																
202	FISH BURGER																
203	HALLOUMI & AVOCADO BURGE																

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204	RUMP STEAK																
205	FILLET STEAK																
206	CHICKEN BREAST SALAD																
207	PORK MEDALLIONS																
210	BELLY PORK																
211	VEAL SCHNITZEL																
212	TOFU & AVO BURGER																
213	LAMB CUTLETS																
251	ADD PEPPER SAUCE																
254	NACHOS MAIN REG																
256	PLOUGHMANS BOARD																
257	BURRATA CHICK SALAD																
258	SMOKED TOFU SALAD																
259	TOMATO RISOTTO																
301	PZ MARGHERITA																
302	PZ OFFSHORE																
303	PZ JAMBON																
304	PZ PLANT BASED																
305	PZ SMOKEHOUSE																
306	PZ PEPPERONI EVE																
307	PZ PEPPERONI DAY																
309	PZ FROMAGGIO																
310	PZ SWT CHILLI CHK																
311	PZ ALL DAY BRKFST																

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348	...add prawns																
349	...add mackerel																
350	...add anchovies																
370	TOMATO RISOTTO																
371	FALAFEL																
372	VEGAN NACHO MAIN																
373	VEG CURRY																
374	BURRATA SALAD																
402	KIDS CHICKEN																
404	KIDS FISH																
405	KIDS HALLOUMI																
406	KIDS PIZZA																
453	ONION RINGS																
454	BABY LEAF SALAD																
456	COLESLAW																
457	GARLIC BREAD																
501	CHEESECAKE																
502	STICKY TOFFEE																
503	AFFOGATO																
504	DARK CHOC COCONUT POT																
505	CHEESE & CRACKERS																
506	TRIO ICE CREAM																
509	-strawberry																

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511	TREACLE TART																
512	BROWNIE DESSERT																
513	LEMON CHEESECAKE																
520	KIDS ICE CREAM																
525	MINI MILK																
551	SALMON & CREAM CHEESE																
552	PRAWN																
553	BACON & BRIE																
554	BRIE & TOMATO																
555	HAM & CHEDDAR																
556	CHIC PEA & PEPPER																
557	TUNA MAYO																
559	SWT CHILLI CHICK																
596	WHITE																
597	BROWN																
598	WRAP																
601	MUFFIN OF THE DAY																
604	TOASTED TEACAKE																
605	CREAM TEA																
606	AFTERN'N HIGH TEA																
615	COFFEE & CAKE																
616	SCONE ONLY																
618	CLOTTED CREAM ONLY																
651	SET ROAST S&M																

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654	ROAST BEEF																
656	ROAST PORK																
657	ROAST CHICKEN																
658	VEGAN ROAST																
659	NUT ROAST																
660	ROAST MIXED MEAT																
662	KIDS ROAST																
664	RST KIDS BROWNIE+£1																
666	ROAST BEEF p																
667	ROAST PORK p																
668	ROAST LAMB p																
679	CURRY p																
680	CHICKEN p																
690	SCALLOPS p																